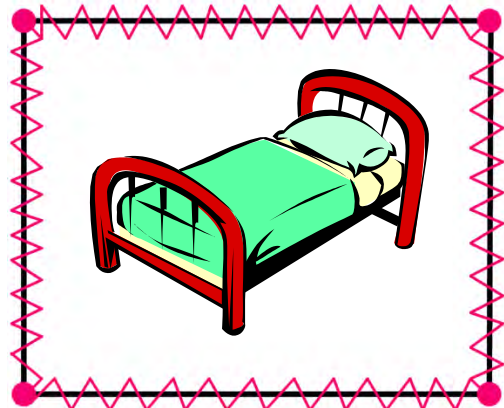
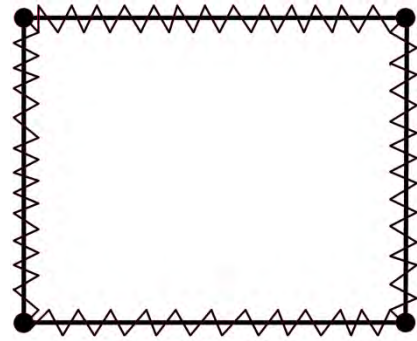


MY
BEDTIME
ROUTINE



My
Morning
Routine

